

Ryan G. Witherspoon, Ph.D. (he/him/his) is a licensed psychologist (PSY32022) in private practice in Pasadena California, an instructor and clinical supervisor at Rose City Center's psychoanalytic psychotherapy training program, as well as a Research Affiliate with the Center for Positive Sexuality in Los Angeles. He earned graduate degrees in psychology from Pepperdine University and the California School of Professional Psychology (CSPP) at Alliant International University, where he also received his Ph.D. in clinical psychology. Following this, Dr. Witherspoon completed two years of advanced training in psychoanalytic psychotherapy from Rose City Center, in Pasadena. As a researcher, Dr. Witherspoon conducts original empirical research and publishes peer-reviewed articles, book chapters, and other works focused on the intersections of stigma, discrimination, stress, and resilience among polyamorous and consensually non-monogamous people and relationships. In addition, Dr. Witherspoon provides frequent presentations and clinical trainings to psychotherapists on sex-positive and affirming approaches to understanding and working with sexually and relationally diverse clients. In his private practice Dr. Witherspoon provides depth-oriented psychotherapy to a diverse range of adults and their relationships, with specialties in addressing complex and attachment trauma, long-term mood and anxiety issues, relationship challenges, severe dissociative disorders, personality patterns, and sexuality concerns. Dr. Witherspoon is a current member of the Rose City Center board of directors, a past member of the Los Angeles County Psychological Association (LACPA) board of directors, and continues to be involved in professional service and leadership activities with the Center for Positive Sexuality in Los Angeles, and the Community-Academic Consortium for Research on Alternative Sexualities (CARAS), and other organizations.